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Superhero 5K Nov. 1 in Central Square

Wicked Local Cambridge

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Cambridge — The Superhero 5K Run/Walk, a fun run 5K road race that welcomes the newest runners to elite runners of all ages and speeds, will be held Sunday, Nov. 1, in Central Square.

The race focuses on community and camaraderie and is an opportunity for participants to not only set their personal goal and achieve it but to do so, if they choose, dressed as their favorite superhero.

The Superhero 5K Run/Walk, sponsored by HAVE2RUN productions, is committed to organizing high-quality, medium- to large-scale fun events while supporting the local community and worthy causes. Participants will support the Women Sports Foundation and On the Rise.

The Women Sports Foundation mission is to advance the lives of girls and women through sports and physical activity. On the Rise is a daytime program that is a resource for nearly 300 women each year who are homeless or in crisis in the Greater Boston area.

The entry fee is \$25 for an individual, \$90 for a Fantastic Four team, and \$165 for a Magnificent Seven team and includes a technical T-shirt, D-Tag timing, post-race refreshments, and a goody bag of items donated by race sponsors.

Registration will be held from 9 to 10:45 a.m.; with the run starting at 11 a.m. Awards will be presented at 12:30 p.m. to the top finishers in each age division. There will also be cash prizes for the best costumes. Race results will be posted on CoolRunning.

A registration form, route map and more information are available on HAVE2RUN productions Web site at www.have2run.com or by emailing info@have2run.com.

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