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5K Superhero Post-Halloween Road Race

November 9, 2009 - 9:43am — [mholbrow](#)



The first three runners across the Pacific Street finish line in the 5K Superhero costume road race in downtown Cambridge November 1 were (r) Mark Gomes #1728 of Boston, time 18:02; (c) Michael Schwandt #303 of Boston, time 18:18; and (l) Paul Schrimpf #156 of Cambridge, time 18:34.

Have2Run of Boston sponsored the event. The 357 runners and walkers included Supermen, Wonder Women, Batfolk, a Ninja Turtle crew, and other specially empowered muscle people, plus a Cinderella, brides, ghouls, vampires and other glamorous and/or villainous beings. Some participants even appeared as themselves. Many observers also came in trick-or-treat array.

Proceeds benefited On The Rise of Cambridge and the Women's Sports Foundation. Complete results and details are at <http://www.have2run.com/Superhero5K.html>.

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Posted by [mholbrow](#)



Mary Holbrow I'm a retired journalist, mother of 5, grandmother, birdwatcher, garden lover. I live in Cambridgeport, work as a free-lance editor. [more](#)

Recent posts by [mholbrow](#)

LUPEC PARTY NOV. 14 WILL BENEFIT ON THE RISE



Nov 9 2009 - 10:39am *On the morning after Halloween Joy Richard (l) and Kate Palmer (r) of LUPEC (Ladies United for the Preservation of Endangered Cocktails)...*

CAA ART SHOW: SEEING IS FORGETTING



Oct 23 2009 - 10:14am *"These trees are giant lettuce!" Christian Ventura calls his mother, Brenda Ventura, over to look at...*

Related content...

Cambridge Exposed... It's not pretty! --...

Feb 23 2009 - 12:05pm It's been a week now since my last entry, wanted to let the dust settle and give everyone a chance to review the information I posted in my last blog. Been waking up every morning thinking this should be the day to follow up... But a little bit of fear, too much frustration and my own...

My take on the Alexandria upzoning

Feb 18 2009 - 5:10pm I was disappointed but not surprised by the City Council's 8 to 1 vote to pad Alexandria Real Estate Equities, Inc.'s (ARE) bottom line on Monday. (TARP: Total Alexandria Recapitalization Plan) We first heard of this a year ago when ARE came to our neighborhood asking if, in exchange for a two...

Cambridge Exposed... It's not pretty! --...

Feb 15 2009 - 11:43am It's been a few days since my last post/rant... I had to let go of some steam... pressure was to high... Back to our topic... Second Rant... The City Council (the bottom of the U) Out of the 9 city councilors, 8 voted to approve, 1 voted to reject (Councilor Kelley). Senator Galluccio sanctified...

